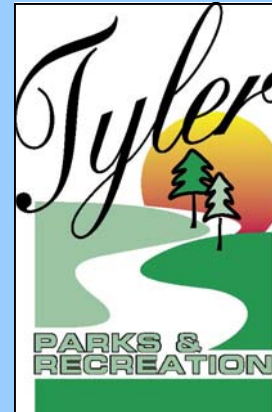


Tyler Parks & Recreation Presents:



TRAIN WITH JIM

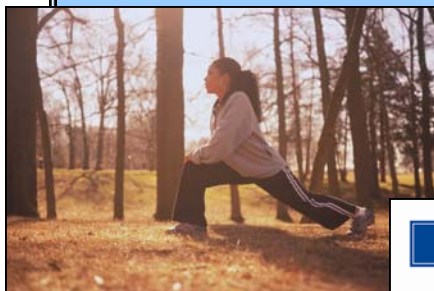
Date: June 1 -16; July 6 - 31 and Aug.10 - Sept. 4, 2009
(5 days a week)

Time: Three Camp times to choose from:
5:30-6:30 a.m. / 6:45-7:45 a.m. / 9 -10 a.m.

Cost: \$299 for 5 days a week
\$249 for 3 days a week

Details: Your body will become more fit and toned and you will gain more confidence making dramatic improvements in your physical well-being. The camp program includes exercises designed to firm up the butt and thighs, flatten your stomach, reduce body fat and increase stamina while looking and feeling better. Also, you will meet great people who share in the same vision of striving to reach their goals for a healthier mind and body.

Location: Boot Camp will take place at Faulkner Park,
410 W. Cumberland, Tyler



For More information call:

Jimmy Davis at
(903) 724-8952 or
Parks at
(903) 531-1370

