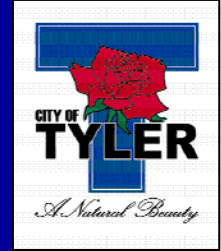


Pump It Up Exercise For Kids



Exercise and Sports are two great ways to stay health and Fit. "Pump It Up" will include a healthy meal for lunch in addition to pumping you up with fun new ways to exercise. Learn healthy eating tips and have fun making snacks for everyone to enjoy. Sign up NOW!

June 20, 2009

10 a.m. – 2 p.m.

First through eight grades

At the Glass Recreation Center

501 W. 32nd

\$25 for each participant

(903) 533-1397



Name of participant: _____

Check One: Girl Boy

Birthday: _____/_____/_____ Age _____ Grade _____

Address _____

City _____ State _____ Zip Code _____

Parent or Guardian Name _____

Home Phone (_____) _____ Cell (_____) _____

In case of emergency notify:

Name _____

Phone Number (_____) _____

Wavier

I hereby recognize and acknowledge that my child's participation in recreational activities may involve bodily and/or emotional injury to my child. In consideration of my child being permitted to participate in such events, I for myself and my child, my heirs, my executors and administrators, hereby voluntarily and knowingly hold harmless, defend and release, waive and discharge the City of Tyler, representative, employees, and volunteers from any and all suits, claims or liability, including negligence.

Child's Name _____

Parent's Signature _____

Date _____

