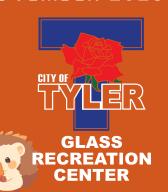
GLASS RECREATION CENTER

NEWSLETTER



GLASS NEWS:

Hello fellow community members!

November Workout Tip:

- Voting will take place in the Multipurpose Room Nov 7, (all day)
- The Glass Recreation Center will be closed the week of Nov. 19-26 for floor renovations.
- No Rentals will be allowed from Nov. 17-26

MEMBER OF THE MONTH

PROGRAMS:

- Step Aerobics (\$20 per month or \$5 per class)
- Karate begins 9/5/23, (\$75 for 10 weeks/\$30 for uniform)
- Pickleball (free for members) \$5 for non-members
- Intro to Belly Dancing
 - \$45 for members
 - \$60 non-members
 - Drop-in rate \$10- 2 times max
- Pretty Girl Boxing
 - \$15 for members
 - \$20 for non-members
 - Drop-in Fee \$5 for members
 - Drop-in Fee \$7 for non-members

LEAGUES:

- Men's Basketball League: Sept. 21-Nov.9
- Women's Volleyball League: Nov. 1- Dec. 13

GYM SCHEDULE:

- Monday: Pickleball 7-9:30 p.m.
- Tuesday: Karate 6-8:30 p.m.
- Wednesday: Pickleball 9 a.m.-12 p.m., Women's Volleyball League 6-10 p.m.
- Thursday: Pickleball 9 a.m.-12 p.m., Men's League 6-10 p.m.
- Friday: Open Volleyball 7-9:30 p.m.
- Saturday: Pickleball 9 a.m.-12 p.m.

Scan for a copy of our newsletter online!





For more information about our classes and programs, visit TylerParksandRec.com or call (903) 595-7271.