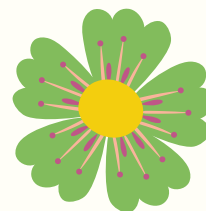


July, 2022



NEWSLETTER

Join us every week for our daily activities that include bingo, line dancing, clogging, crafts, exercise, singing and painting.



Senior Member of the Month

Let's congratulate Mrs. Mindy Lyons, as our Senior Member of the Month. Mindy is a Line Dancer and a Volunteer here at the Senior Center who brings joy and positive vibes when she comes through the door. We appreciate you, Mrs. Mindy for all your decorating and great dance moves that you bless us with here at the center!

Friday Night Dances
will be held on July
8th and July 22nd
from 7-9:30PM with
Country Drive Band
& Mr. Bobby
Jackson & Band



Closed on July 4th for
Celebration
of Independence Day

Garden Valley Singers
will sing at Garden
Estates on Thursday
July 7th at 2:00pm

*just
breathe*

WORKOUT



Seniors pictured doing Bodyworks exercise and Musical chairs.



Good
vibes



enjoy

