



GLASS NEWS:

Hello fellow community members!

<u>May Workout Tip:</u> Eliminate distractions! Avoid being interrupted during your workout by putting your phone on airplane mode/do not disturb.

- Men's League games every Thursday and Friday at 6 p.m.
- Open Registration for Summer Playground Program (Free) and Glass Recreation Summer Camp (\$200 per child)
- Registration deadline for the Camp is June 5
- Mother's Day, Sunday, May 14
- CLOSED FOR MEMORIAL DAY, MAY 29

UPCOMING EVENTS:

- Men's League Playoffs 2nd Round: May 4
- Men's League Championship game May 11
- Life Skills for Teens (ages 13-17): June 6-July 18

PROGRAMS:

- Step Aerobics (\$20 per month or \$5 per class)
- Pickleball (free for members)
- Table Tennis (free for members)

Scan for a copy of our newsletter online!





MEMBER OF THE MONTH

Johnny Gomez



GYM SCHEDULE:

- Monday: Pickleball 7-9:30 p.m.
- Tuesday: Karate 6-8:30 p.m.
- Wednesday: Pickleball 9 a.m.-12 p.m., Open Volleyball 7-9:30 p.m.
- **Thursday:** Pickleball 9 a.m.-12 p.m. Men's League 6-10 p.m.
- **Friday:** Open Basketball 7-9:30 p.m., Men's League 6-10 p.m.
- Saturday: Pickleball 9 a.m.-12p.m.